

Ryan H. Fitzgerald, DPM
Reconstructive Foot & Ankle Surgery
Hess Orthopaedics & Sports Medicine
4165 Quarles Court
Harrisonburg, Virginia

BOARD STATUS

- Board Qualified, Foot Surgery and Reconstructive Rearfoot/Ankle Surgery, American Board of Podiatric Surgery (ABPS)

RESIDENCY TRAINING

July 2006-June 2009, **Washington Hospital Center**, Washington DC

A large Level-1 trauma center with three-year podiatric surgical residency. Duties include the management of a large in-house patient population with an interdisciplinary team approach to patient care. Extensive training in foot and ankle surgery including diabetic limb salvage, elective forefoot and rear-foot reconstructive surgery, and foot and ankle trauma.

July 2008- June 2009, **Chief Resident**, Washington Hospital Center

Rotations included as part of residency program:

- University of Arizona –Research and reconstructive limb salvage at the Southern Arizona Limb Salvage Alliance (SALSA) under the direction of Dr. David G. Armstrong
- Georgetown University Hospital - Plastic surgery and limb salvage under the direction of Drs. John Steinberg and Christopher Attinger
- Union Memorial Hospital – Reconstructive foot and ankle orthopedic surgery under direction of Drs. Schon and Guyten
- Children's National Medical Center – Pediatric orthopedic and reconstructive surgery under the direction of Dr. Laura Tosi
- Roy Lester Schneider Hospital –Developed clinics and provided surgical and medical interventions in the treatment of foot and ankle disorders in underprivileged areas of the Caribbean
- Washington Hospital Center –MedStar air-ambulance helicopter critical care transport, elective rotation

Other Residency Experiences:

- Associate Editor for PRESENT Residency Resource *Residency Insight Ezine*, 2008-2009
- Operated as 1st assist in 2007 Diabetic Limb Salvage Conference live cases

EDUCATION

- 2002-2006 **Barry University School of Podiatric Medicine and Surgery**
Miami Shores, Florida
Doctor of Podiatric Medicine, with Honors (April, 2006)
- 1998-2002 **Hampden Sydney College**
Hampden Sydney, Virginia
B.S Biology (May, 2002)

DPM LICENSURE

May, 2009-Present Virginia (#0103301013)

HOSPITAL AFFILIATION

Rockingham Memorial Hospital, Harrisonburg, Virginia

HONORS

Pi Delta National Podiatric Honor Society –*inducted April 29th 2006*

American Board of Podiatric Surgery Michael L. Stone Professional Conduct Award,
ACFAS 2006 Scientific Conference, Las Vegas NV

Clinical Podiatric Faculty Scholarship, *Barry University, 2005*

Dennis Frisch, DPM/Hunsaker Memorial Scholarship, 2004

Leadership Scholarship – *Florida Podiatric Medical Student Association, 2003-2004*

President's Honor List– *Barry University School of Graduate Medical Sciences, 2003-2004*

Dean's Honor List– *Barry University School of Graduate Medical Sciences, 2002-2003*

Recipient of Podiatric Merit Scholarship –*Barry University, 2002-2006*

Dean's Honor List, *1998-2002 –Hampden Sydney College*

PUBLICATIONS

Fitzgerald, RH, Armstrong DG. "Advanced Palliative Wound Care." Submitted for publication in *JAACWS*

Fitzgerald, RH. "The Management of Complex Soft Tissue Trauma." in McGlamry's Comprehensive Textbook of Foot and Ankle Surgery. 4th ed. Pending Publication

Fitzgerald, RH. "Tendon Injury & Lacerations." in McGlamry's Comprehensive Textbook of Foot and Ankle Surgery. 4th ed. Pending Publication

Fitzgerald, RH. "The Relationship of Wound Shape to Wound Healing: A Review of Recent Literature." Podiatry Practice Management Magazine. November 2009

Fitzgerald RH, Rogers LC, Armstrong DG. "The Wound Healing Spectrum: A Timeline for the Utilization of Advanced Technology." *J Diabetic Foot Complications* 2009, 1 (3), No. 3. pp. 63-75.

Fitzgerald, RH, Steinberg JS. "Collagen in Wound Healing: Are We Onto Something New or Just Repeating the Past?" *Foot & Ank On J*. 2009, 2 (9): 3

Fitzgerald RH. "Current Concepts in Diabetic Offloading" Podiatry Today. 22;09 01 September 2009; 19-21.

Fitzgerald RH, Kim PJ, Steinberg JS. "Essential Insights On Bioengineered Alternative Tissues" Podiatry Today. 22;09 01 August 2009: 48-58

Fitzgerald RH, Bharara, M, Mills, JL, Armstrong, DG. Use of a Nanoflex powder dressing for wound management following debridement for necrotizing fasciitis in the diabetic foot. *Int Wound J*, 2009. 6(2): 133-139.

Fitzgerald RH, Mills JL, Joseph WS, Armstrong DG. The Diabetic Rapid Response Acute Foot Team: 7 Essential Skills for Targeted Limb Salvage. *Eplasty*, 2009. **9**: p. 138-145.

Fitzgerald, RH. "What the literature Reveals about Diabetic Foot Osteomyelitis." Podiatry Today 03 March 2009: 74-85.

Fitzgerald, RH. "Aloha from The National" *PRESENT-Residency Insight Ezine* August 2nd, 2008 <<http://www.podiatricresidency.com/>>

Fitzgerald, RH. "Welcome to the Island" *PRESENT-Residency Insight Ezine* July 2nd, 2008 <<http://www.podiatricresidency.com/>>

Fitzgerald, RH. "What's the Buzz About Honey?" *PRESENT-Residency Insight Ezine* June 25th, 2008 <<http://www.podiatricresidency.com/>>

Fitzgerald, RH. "Who Will You Be?" *PRESENT-Residency Insight Ezine* May 22nd, 2008 <<http://www.podiatricresidency.com/>>

Fitzgerald, RH. "Evaluation of Nutritional Status in the Diabetic Patient." *PRESENT-Residency Insight Ezine* April 30th, 2008 <<http://www.podiatricresidency.com/>>

Fitzgerald, RH. "Warning: Contents Under Pressure—A Resident's Guide to Stress Coping Mechanisms." *PRESENT-Residency Insight Ezine* March 12th, 2008 <<http://www.podiatricresidency.com/>>

Fitzgerald, RH. "Utilizing Your Residency Experience." *PRESENT-Residency Insight Ezine* February 6th, 2008 <<http://www.podiatricresidency.com/>>

Fitzgerald RH, (contributing author). *Compendium of Podiatric Medicine & Surgery*. Kominsky (Ed.). Brookville, MD: Data Trace Publishing Company (2007)

PROFESSIONAL PRESENTATIONS & LECTURES

The use of Collagen Matrix Grafting in Reconstructive Techniques
-- 6th Annual High Risk Diabetic Foot Conference, Tempe AZ, November 20th, 2009

Risk Stratification in the Diabetic Patient
--University of Texas Health Sciences Center, October 15th, 2009

Lower Extremity Evaluation Following Athletic Injury
--Bridgewater College, Va, September 25th, 2009

Adult Flatfoot Reconstruction: Pearls and Perils
--*PRESENT* Residency Insight July 2009

Pes Planus Reconstruction in the Pediatric Patient
--*PRESENT-Residency Insight*, January 14th, 2009

Suture 101: A Podiatric Surgeon's Guide to Suture Technique
--*PRESENT* Online Lecture Series: December 15th, 2008

Pan-Metatarsal Head Resections: A Limb Salvage Alternative to TMA
--Vascular Surgery Conference, University of Arizona, Oct 24th 2008

Rheumatoid Arthritis: A Reconstruction
--*PRESENT-Residency Insight*, August 27th, 2008

Lower Extremity Trauma: 5th metatarsal Fracture, a Case Presentation
--*PRESENT-Residency Insight*, July 24th, 2008

Plantar Soft Tissue Mass in the Pediatric Patient, a Case Presentation
--*PRESENT-Residency Insight*, June 11th, 2008

Lower Extremity Trauma-Forefoot Degloving Injury, a Case Presentation
--*PRESENT-Residency Insight*, April 2nd 2008

Pediatric Bone Lesions: Neurofibromatosis as an Incidental Finding
--*PRESENT-Residency Insight*, March 12th 2008

Limb Salvage in a Patient with Gas Gangrene, A Case Presentation
--Washington Hospital Center, Washington DC, December 6th 2007

Apligraf: Clinical Applications
-- Georgetown University Hospital, Washington, DC, September 18th 2007

Compartment Syndrome Following Calcaneal Fractures
--Barry University, Miami Shores, Florida, March 13th 2007

POSTER PRESENTATIONS

Diabetes and Land mine related Amputations: A Call to Arms to Save Limbs
--APMA National Scientific Conference, Toronto ON, July 2009

The Diabetic Rapid Response Acute Foot Team (DRRAFT): Seven Essential Skills for Targeted Limb Salvage
--Diabetic Foot International Conference (DFCON), Los Angeles CA, March 2009

Microskin Grafting in the Management of Diabetic Ulcerations
--Diabetic Foot International Conference (DFCON), Los Angeles CA, March 2009

An Interdisciplinary Approach to Limb Salvage: Toward an "Irreducible Minimum"
--Diabetic Foot International Conference (DFCON), Los Angeles CA, March 2009

Nanoparticulate Aggregate Wound Dressing in the Management of Soft Tissue Wounds
--Diabetic Foot International Conference (DFCON), Los Angeles CA, March 2009

A New Technique to Allow Immediate Protected Weight-bearing following Tarsometatarsal Arthrodesis
--ACFAS Scientific Conference, Washington DC, March 2009

The K-Modification for Lesser Metatarsal Osteotomies
--ACFAS Scientific Conference, Washington DC, March 2009

Utilization of Microskin Grafting Techniques in Diabetic Limb Salvage
--Diabetic Limb Salvage Conference, Washington DC, September 2008

Advanced Reconstructive Techniques Following Bilateral Gunshot Wounds
--APMA National Scientific Conference, Honolulu, HI, July 2008

The use of Candida in the treatment of Verrucae Plantaris
--APMA National Scientific Conference, Honolulu HI, July 2008

VOLUNTEER OPPORTUNITIES

- Walking & Running Wellness Fair, November 21st, 2009
 - Provided Foot and ankle screenings to members of the community
- Hope Community Center Health Screening, August 22nd, 2009
 - Provided lower extremity screenings and patient education for the health-care disenfranchised in central Virginia
- Rockingham County Fair, August 2009
 - Provided lower extremity screenings and patient education for patients in the Shenandoah Valley
- Community Health Clinic, Charlotte Amalie, St. Thomas, USVI, April 2009
 - Provided podiatric medical and surgical treatment to the indigent patients in the West Indies
- Community Health Clinic, Charlotte Amalie, St. Thomas, USVI, May 2008
 - Provided podiatric medical and surgical treatment to the indigent patients in the U.S Virgin Islands
 - Management of lower extremity trauma at Roy Lester Schneider Hospital
- Avon Breast Cancer Walk Medical Training day, March 30th 2008
 - Provided medical training to volunteers who will be assisting participants during the 48-hour breast cancer walk
- Community Health Clinic, Charlotte-Amalie, USVI, May 2007
 - Provided podiatric medical and surgical treatment to the indigent patients in the U.S Virgin Islands
- Barry University Foot Screening– Clinical Assistant, 2003-2004
 - Provided foot care and general information on podiatric medicine at several community centers in association with wellness-fairs

PROFESSIONAL AFFILIATIONS

- Member, American Podiatric Medical Association
 - Appointed member of the *Young Member Committee*, 2009
- Member, Virginia Podiatric Medical Association
- Associate, American College of Foot & Ankle Surgeons (ACFAS)
- Associate, American Society of Podiatric Surgeons (ASPS)

PROFESSIONAL INTERESTS

Lower Extremity Reconstruction and Limb Salvage, Pediatric reconstruction, Medical Education and Training, Community Medicine, Medical Missions

PERSONAL INTERESTS

Surfing, Scuba Diving, Sailing, Photography, Riding, Flying, Hiking, Travel